

CHAPTER 8—Dr. Chas E. Myers' Weekly Videos

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Active Surveillance Vs RT

Posted May 2, 2013

The PIVOT Trial studied Prostatectomy vs Watchful Waiting. No similar study for radiation. Small Gleason 6's shifting to Active Surveillance has reduced treatment income for both surgery and radiation.

Radiation (RT) described as the gift that never stops giving. RT is a sunburn to nearby tissues. RT causes cancer. Risks to bladder, colon and bladder increase after 10 years. Net, RT is not a risk-free option for SG6.

Testosterone Supplementation

Posted April 24, 2013

TS is a hot topic on Internet. Clinical trials underway. TS builds higher red blood cells. TS decreases HDL2, a harmful cardio risk. TS combined with exercise combats frailty in over-age 80 patient. This video is a current tour of TS and its plusses and minuses.