

CHAPTER 8—Dr. Chas E. Myers' Weekly Videos

Index: Recent Snuffy Video

Access To Videos: Google "Prostate Forum Myers". Click "Ask Dr. Myers Blog". First time: Register for Free Videos to your Inbox. Note the button at bottom left for "Older Entries" when you reach the bottom of the current roster; repeat for each roster.

Active Surveillance @ AIDP

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Begins with cardiovascular health and focus on small particle cholesterol, a fat soluble particle. Use statins to extent the body tolerates. Consider statin-free protocol if required. MetFormin for insulin-resistant pre-diabetes. Colonoscopies very important. Flu vaccine. Minimize biopsies with Color Doppler and endorectal MRI imaging. Gleason 6's should avoid surgery and radiation as long as AS permits because of permanent impairments.