

## **CHAPTER 8—Dr. Chas E. Myers' Weekly Videos**

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**Access To Videos:** Google "Prostate Forum Myers". Click "Ask Dr. Myers Blog". First time: Register for Free Videos to your Inbox. Note the button at bottom left for "Older Entries" when you reach the bottom of the current roster; repeat for each roster.

### **Surgery & Radiation Save Lives**

Posted July 18, 2013

Controversy following PIVOT Trial. Intermediate and high risk patients are not candidates for Watchful Waiting (Active Surveillance); Treatment saves lives. PCa is not one disease, but several. Small Gleason 6 is one. Next week: Omega 3 fish oil controversy.

### **Gene Testing + PCa**

Posted July 12, 2013

Dr. Myers boils down the controversy surrounding Gene Testing into two issues:

1. Can't do anything with resulting information.
2. Results will cause unnecessary worry.

He uses himself and family members to illustrate how they are responding to the data (#1). Then he sharply criticizes the paternalistic, "nation of sheep", assumption (#2).