

## **CHAPTER 8—Dr. Chas E. Myers' Weekly Videos**

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**Access To Videos:** Google "Prostate Forum Myers". Click "Ask Dr. Myers Blog". First time: Register for Free Videos to your Inbox. Note the button at bottom left for "Older Entries" when you reach the bottom of the current roster; repeat for each roster.

### **Metformin + PCa**

Posted June 12, 2013

This diabetes medicine has emerged with impressive anti-cancer properties, including PCa, at low dose levels. Resveratrol plus Metformin work synergistically. Metformin works with radiation to achieve better results. Metformin will now become a regular agent at AIDP. Caution: Metformin has not yet been confirmed on a controlled clinical trial.

### **Using New PCa Drugs**

Posted June 5, 2013

A Big Picture tour of the new agents (Firmagon, Xtandia, Zytega, Radium 223 (Alpharadan), Sprycel. "A whole new ballgame". Combinations and timing options depend on pathways and drug interactions. Firmagon is a muscular replacement for Lupron, with the downsides of pain at injection site and frequency (monthly). Xtandi is a "super Casodex". Christine Rogers in AIDP clinic office is skilled at presenting the case to the insurer.