

## **Prostate Forum TAGS ....12/7 & 12/8**

### **PROSTATE FORUM....12/7**

At AIDP we've found the combination of Leukine, Ketoconazole, and estrogen to be highly effective after chemotherapy fails and currently have a median survival out beyond 30 months.

Smoking, even at low temperatures, coats all meat with cancer-causing chemicals, but they are different than those caused by directly cooking red meat at high temperatures.

I can find no evidence for an adverse interaction between curcumin and the widely used NSAIDs, but it may well be that people have just not looked.

Resveratrol is a powerful drug and should be handled carefully. It can dramatically lower blood pressure in hypertensives and blood sugar in diabetics: this can complicate the management of these two diseases if you are not careful.

At AIDP we have found the combination of Leukine, ketoconazole and estrogen to be highly effective after chemotherapy fails and currently have a median survival out beyond 30 months in that setting.

I do not think serum estradiol plays a major role in the development of prostate cancer and even if it did, Arimidex is not likely to cause changes sufficient to warrant its use.

### **PROSTATE FORUM....12/8**

Many physicians and patients are uncomfortable talking about what hormonal therapy does to your sex life, but its a topic worth discussing before you begin therapy because of the often dramatic side effects.

One clinical trial showed that seven days on a diet rich in avocados reduced LDL or bad cholesterol by 22% and triglycerides by 11%.

I tell my patients that I would like them to get one third of their calories from heart healthy fats like olive oil, fatty fish, avocados, and nuts.

It is a good idea to have your omega 6/omega 3 fatty acid ratio measured; at AIDP we have arranged to measure this balance in our patients via a deal we have with Labcorp.

Clinical trials have now PROVEN that DHT is involved in the progression of prostate cancer—how else would Proscar and Avodart reduce the incidence of prostate cancer?

The benefit of Provenge is in survival, not in the rise and fall of the PSA.