

## **CHAPTER 8—Dr. Chas E. Myers' Weekly Videos**

### **Index: Recent Snuffy Videos....31jan13**

**Access To Videos:** Google "Prostate Forum Myers". Click "Ask Dr. Myers Blog". First time: Register for Free Videos to your Inbox. Note the button at bottom left for "Older Entries" when you reach the bottom of the current roster; repeat for each roster.

### **Vaccines + Prostate Cancer**

Posted January 31, 2013

The Internet has garbage like Mercola sells. Vaccines are an important contributor to longevity gains. These vaccines are important for prostate cancer patients: Influenza, Pneumonia and Shingles.

### **Statins & PCa**

Posted January 23, 2013

Statins prevent heart attacks; Side effects are greatly exaggerated. Statins may improve bone density and may improve PCa; However these benefits have not been confirmed by randomized, controlled trials.

### **Obamacare & PCa**

Posted January 9, 2013

On the fence about Obamacare. Yes, more Americans covered, but costs going up, particularly for small business like him. 15% of his patients from overseas. Canada most unlike USA; Australia most like USA. Aussies have two-tier public plus private system. Incentives are the problem. Healthy patients don't bring in revenues for specialists. A stent rewards surgeon more than prescribing statins. American diet and obesity

faulted by Aussies.

## Changes To AIDP In 2012

Posted January 2, 2013

His practice has expanded to 1400 patients. He loses about 10 per year to each of PCa and cardiovascular disease. He has installed backup propane and generator. He has doubled the front desk staff. The quality of his patients improved markedly when he left Medicare, presumably because they were paying for his services.