

CHAPTER 8—Dr. Chas E. Myers' Weekly Videos

Index: Recent Snuffy Videos....3oct12

Access To Videos: Google "Prostate Forum Myers". Click "Ask Dr. Myers Blog". First time: Register for Free Videos to your Inbox. Note the button at bottom left for "Older Entries" when you reach the bottom of the current roster; repeat for each roster.

Insomnia & PCa

Posted October 3, 2012

Ambien is a terribly addictive drug. Instead confront the circumstances that cause wakefulness. Use OTC melatonin-containing meds, like Hammer Dream Time Sleep Aid from Amazon. Net, do not start Rx sleep drugs.

PCa Drugs & Dementia

Posted September 19, 2012

A recent patient brings to mind the harmful intersection of prostate cancer drugs and dementia. The specific case is irritable bladder treated with acetacholine (spelling??) drug like Vescare. Message: when PCa patient enters dementia, a careful meds review with physician is imperative.

Xtandia For Prostate Cancer

Posted September 14, 2012

Back from PCRI conference which was wonderful as usual under Mark Scholz and assoicates. Xtandia is exciting new drug best understood as Casodex five times better. Take 4 pills at once. Benefit after chemo fails. Zytega plus Xtandia better than Taxotere.